



NATIONAL NONPROFIT DAY

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The Carmel Foundation - Enriching Lives

Since 1950

Over 73 years ago, a group of Carmel neighbors came together to discuss how to best support local community members as they grew older. Out of those initial meetings grew The Carmel Foundation — “an adventure in neighborliness” serving older adults from throughout the Monterey Peninsula and beyond.

The Carmel Foundation operates on a membership model to encourage a sense of community and connection. Membership is open to anyone 55 or better with a yearly donation of \$55 or more to the Foundation. The Foundation currently has over 2,600 active members.

A WIDE VARIETY OF ACTIVITIES – ALL DESIGNED TO HELP SENIORS THRIVE

The Carmel Foundation is located in the heart of Carmel-by-the-Sea at 8th Avenue and Lincoln Street.

Its welcoming campus is bustling Monday through Saturday with 60+ classes and programs per week ranging from card games like poker, bridge and cribbage to exercise classes like yoga, dance and aerobics. The members enjoy discussion groups, writing and art classes, music appreciation, tours, movies - and the list goes on. The Carmel Foundation is a home away from home where members can connect with friends and make new ones. Multiple social spaces are offered such as a free lending library with a community jigsaw puzzle, a cozy café featuring free coffee, muffins and free wifi, and a beautifully landscaped garden patio available for classes, conversation or just a quiet moment to enjoy the flowers and fountains. For all these reasons and more, The Carmel Foundation has been voted “Best Hangout for Seniors” twenty-one

years in a row in the Best of Monterey County Reader’s Choice Awards.

DELICIOUS, AFFORDABLE MEALS

The Carmel Foundation offers fresh, nutritious meals 4 days a week. Members can enjoy their meals three different ways: convivial in-house luncheons with live piano; curbside meal pick up; and home delivered meals for those in need. The California Department on Aging states that by 2030, 10.8 million Californians will be aged 60 or older, representing one-quarter of the state’s population. As the population continues to grow older and live longer, it is more vital than ever to provide access to healthy meals that are affordable to all, even those on fixed incomes. The Foundation is able to offer all of these meals because of the generosity of foundations, businesses and individual donors. To quote a member: “All staff and volunteers are friendly, caring and provide excellent service. Thank you and deep gratitude to

everyone involved with the meal programs!”

HOMES FOR LOW-INCOME SENIORS

The Carmel Foundation’s Housing Program began in 1964 with 12 apartments. Today, the Foundation owns three apartment buildings in downtown Carmel-by-the-Sea, which provide homes for 50 qualified low-income adults 65 and older.

SUPPORT WHEN YOU NEED IT MOST

The Foundation offers free mobility equipment loans and other services designed to support you as you grow older. For those who may require assistance beyond what The Carmel Foundation provides, the Support Services director connects members to partnering agencies in Monterey County to help address their needs.

For more information on joining The Carmel Foundation, or donating to support our work, please visit www.carmelfoundation.org, call 831-624-1588 or email jhollingsworth@carmelfoundation.org



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