


JANUARY • LUNCH • PROGRAMS • MOVIES • 2019

Mon	Tue	Wed	Thur	Fri	Sat
RSVP now for a delicious Prime Rib Twilight Supper at the Foundation, Wednesday, February 12, 3:00pm. Cost is \$15 per member only. Sign-up begins Thursday January 2 at 9:00am with member services, 624.1588 or online at carmelfoundation.org		1 No Wednesday Program The Carmel Foundation is closed for the holiday. Happy New Year!	2 Jambalaya Apple Crisp Weekly Salad Special Margarita Shrimp	3 Trout Almondine Rice & Vegetables Ice Cream	4 Cinema <i>Downton Abbey</i> PG 2019 Drama 2 hr 2 min Hugh Bonneville 1:00pm, Blanchard A
6 BBQ Pulled Pork Sandwich, Coleslaw & Sweet Potato Fries Ice Cream Weekly Salad Special Sesame	7 Roast Turkey Dinner Stuffing Cranberry Sauce Gravy Pumpkin Pie	8 Wednesday Program Looking Ahead Wellness Series - Health and Happiness! 2:30pm Diment Hall Refreshments	9 Ricotta Stuffed Shells Cherry Cobbler	10 Braised Boneless Beef Short Ribs Red Potatoes Vegetables Lemon Meringue Pie	11 Cinema <i>Once Upon a Time in Hollywood</i> R, 2019 Adventure 2 hr 41min Leonardo Di Caprio 1:00pm, Blanchard A
13 Chicken Cordon Bleu Brown Rice & Vegetables Pecan Pear Tart Weekly Salad Special Nicoise	14 Spaghetti & Meatballs Ice Cream Bring a guest to lunch for member price	15 Wednesday Program New Member Orientation 202! 2:30pm Diment Hall Refreshments	16 Parmesan Encrusted Roast Chicken, Mashed Potatoes & Gravy Birthday Cake	17 Salmon Fillet with Hollandaise Brown Rice & Vegetables Blackberry Crisp	18 Cinema <i>King in the Wilderness</i> 2019 PG-13 Drama 1 hr 51 min 1:00pm, Blanchard A
20 Closed MLK Day 	21 Chicken Cacciatore Peach Pie Weekly Salad Special Strawberry Pecan Chick	22 Wednesday Program Presentation by Carmel Pine Cone Humor Columnist Jerry Gervase 2:30pm Diment Hall Refreshments	23 Ham with Macaroni & Cheese Ice Cream	24 Shrimp & Artichoke Stuffed Fillet of Sole Banana Split Pie	25 Cinema <i>Judy</i> PG-13 2019 Showbiz Drama 1 hr 58 min Renée Zellweger 1:00pm, Blanchard A
27 Chicken Florentine with Spinach & White Sauce Brownie à la Mode Weekly Salad Special Chopped Turkey	28 Pot Roast Red Potatoes Vegetables Apricot Custard Tart	29 Wednesday Program Staged Reading by Carol Marquart on Frank Lloyd Wright, The Early Years 2:30pm Diment Hall Refreshments	30 Rosemary Lemon Chicken Rice & Vegetables Cherry Pie	31 Tilapia Vera Cruz Ice Cream	Feb 1 Cinema <i>Ad Astra</i> PG-13 2019 Adventure Drama 2 hr 3 min Brad Pitt 1:00pm, Blanchard A

Lunch served Mon, Tue, Thur & Fri, 11:45am-1:00pm

Hot Entrée \$4.00 Large Hot Entrée \$7.00
 Salad Entrée/Du Jour \$4.00
 (Chicken Caesar, Shrimp, Chinese Chicken)
 Cup of Soup \$1.25, Bowl of Soup \$2.00, Fruit Cup \$1.25
 Large Green Salad \$3.00, Small Variety/Fruit Salad \$1.75,
 Jello \$1.00, Dessert \$1.50, Sides \$1.00, Beverages \$.50-\$1.00