

The Carmel Foundation Wednesday Programs June 2017

Refreshments Served Immediately Following the Program

Historical Mystery, “The Red Scare”

Time: Wednesday, June 7, 2:30pm

Join author Kathryn Gualtieri, with a lifelong interest in California history, as she presents “The Red Scare” her 6th mystery novel in the Nora Finnegan series that began with “Murder in the Pines.” Kathryn and her husband divide their time between Carmel-by-the-Sea and Capitola. A member of Carmel’s Historic Resources Board, Kathryn also served a stint in Sacramento as the State Historic Preservation Officer.

“Images of America: Carmel Valley”

Time: Wednesday, June 14, 2:30pm

Please join Elizabeth Barratt of the Carmel Valley Historical Society as she presents stories & pictures from her book “Images of America: Carmel Valley.” From the Ventana wilderness, the Carmel River descends 36 miles through steep canyons into the spreading Carmel Valley. Rain-gorged in spring, it rushes to the Pacific Ocean at Carmel Bay. For millennia, native tribes fished along the river, which was discovered in 1602 by Sebastian de Vizcaino. He called the waterway El Rio de Carmelo, describing it as “lined with black poplars and other trees of Castile.” Ranches, dairies, and orchards thrived under Spanish, Mexican and finally American flags. The Carmel River, like the valley it defines, has accommodated native, farmer, resident and now the vacationer as it flows along through time.

No Wednesday Program

Time: Wednesday, June 21, 2:30pm

Looking Ahead Wellness Series: The Aging Eye

Time: Wednesday, June 28, 2:30pm

Join Dr. Eric J. Del Piero, an ophthalmologist specializing in retinal diseases, to learn how you can minimize the impact of age related vision loss in your daily life. Boost eye health in general and reduce disease risk by monitoring vision changes and adjusting your lifestyle habits and dietary choices.

Fountain of Youth Self-Protection & Body Movement

Time: Wednesday, July 5, 2:30pm

Join Jason Costanza as he gives one of a kind demonstration on Martial Arts combining mind, body and spirit for physical and mental self-protection, regardless of your current mental or physical condition.

